

YOUTH DEVELOPMENT SESSION

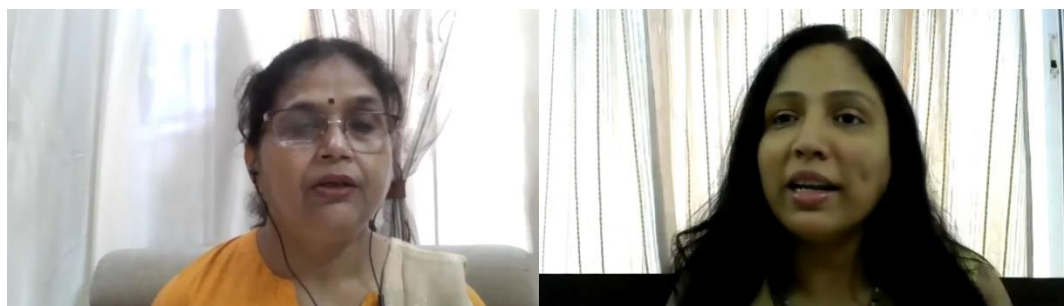
**DREAM IT.
ACHIEVE IT.**

In collaboration with
Counselling and Guidance Cell
UNIVERSITY OF LUCKNOW
for Department of Ancient
Indian History and Archeology.

Prof. Madhurima Pradhan
Director, Counselling & Guidance cell

22nd June 2021
4:00 PM - 5:00 PM
ON ZOOM

Powered by Maitribodh Parivaar





INDIVIDUAL DREAM AND PURPOSE OF LIFE



Check Your Dreams



-  Should not arise out of competition
-  Realistic
-  Clear Vision
-  Achievable



DIFFERENCE BETWEEN DREAMS AND GOALS



Dreams

- Long Term
- Intangible
- Vision
- Must always involve benefit of others

Goal

- Short Term
- Tangible
- Action
- May or may not involve benefit of others



Number of participants: 90

Main points covered:

- Students should make small goals to achieve a big goal.
- Only those dreams should be followed which are one's own and enjoyable
- Find out Why? When? With whom? And How? Of your goal.
- Dreams should not arise out of competition. Dreams should be realistic clear, achievable.
- One year master plan of your Dream should be made.
- Focus, agility, correct pace and speed with clear target will determine how fast a leopard jump. This analogy can help to achieve life goal.

Feedback:

The feedback of students was highly positive. They were very content with the answers and reported that their queries were resolved. The session was described as being immensely inspiring and motivating in its spirit and content.